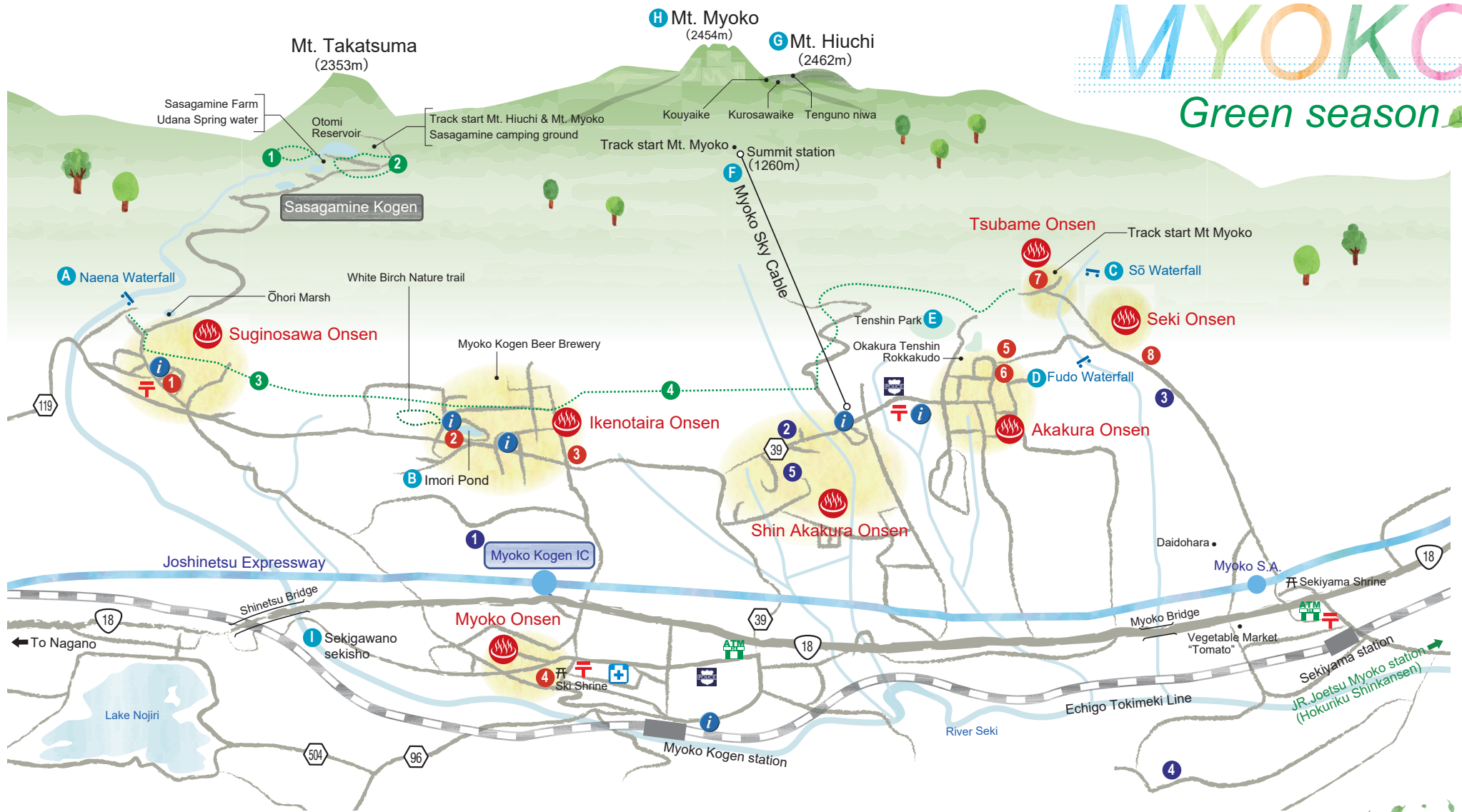


MYOKO

Green season



- Tourist information
- Myoko Onsen Villages
- Police
- Hospital
- Post office(ATM)
- Convenience Store (ATM)

- Onsen**
- 1 Naena no Yu
- 2 Imori Pond Foot Bath
- 3 Landmark Myoko Kogen
- 4 Myoko Onsen Ōyu (Public bath)

- 5 Taki no Yu (outdoor)
- 6 Akakura Foot Bath Park
- 7 Ōgon no Yu (outdoor)
- 8 Qkamura Myoko

- Nature Walk "Shinrin Therapy Road"**
- 1 Sasagamine Yumemidaira Nature Trail
- 2 Sasagamine Nature Trail
- 3 4 Myoko Kogen Nature Trail

- Golf & Tennis**
- 1 Myoko Kogen Golf Club
- 2 Akakura Golf Course
- 3 Myoko Country Golf Course
- 4 Apa Resort JoetsuMyoko no Mori Golf Course
- 5 Higashi Akakura Tennis Court



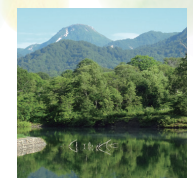
"Shinrin(forest) Therapy Road" Trail Information

MYOKO

Trail 1 Sasagamine Yumemidaira Nature Trail

Half day walk (3 hours return)

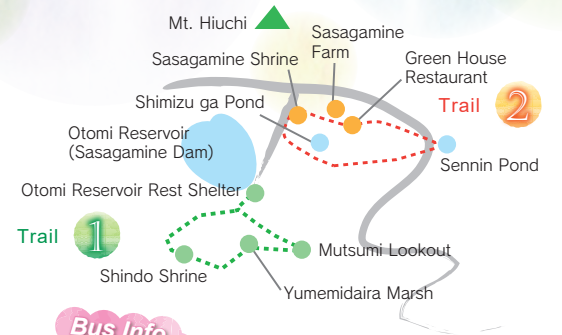
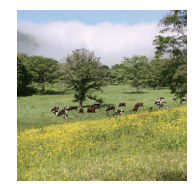
- Trail starts from the Otomi Reservoir. This is truly a woodland trail, be sure to stop at the "Mutsumi Lookout" on the way.



Trail 2 Sasagamine Nature Trail

Half day walk (3 hours return)

- Trail starts from the "Green House Restaurant". This will take you through a mixture of pastures, magnificent forests and the rising mountains will leave you breathless.



Bus Info

Direct Bus service from Myoko Kogen station to Sasagamine(3 times a day) between 16th July and 30 Oct 2016.



Trail 3 Myoko Kogen Nature Trail (Two sections to this walk)

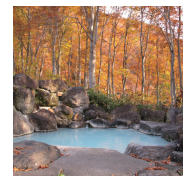
Medium walk (2 hours return)

- Trail starts from Imori Pond. A very interesting trail that will take you through the terraced rice paddies, forest pathways, village lanes and on to Naena Waterfall. Relax here as food is available.



Trail 4 Half day walk (3 hours return)

- Trail starts from Imori Pond. A more challenging walk for the fitter walker. The "Ogon No Yu" (outdoor onsen) is situated at the top of the Tsubame Onsen village and is well worth the effort.



Points of interest [distance from Myoko Kogen Station]

- | | |
|--------------------------------|--|
| A Naena Waterfall [9km] | E Tenshin Park [5.5km] |
| B Imori Pond [5km] | F Myoko Sky Cable [4.5km] |
| C So Waterfall [12km] | G Mt Hiuchi (2462m) [track starts 19.5km] |
| D Fudo Waterfall [9km] | H Mt Myoko (2454m) [to Sky Cable 4.5km] |
| | I Sekigawano Sekisho [3km] |

▶ See over for map locations

Bus Info

Use the "Myoko Megurin-go" Bus service. Please see separate bus time table. 2 Day unlimited travel ticket available.

